

## Illness And Disease

In order to keep our nursery a happy and healthy place for all children to learn and play, we would ask you to keep your child home when they are ill. In order to control the spreading of germs, our infant bed(s) and toys are disinfected after each service. Some symptoms of illness include:

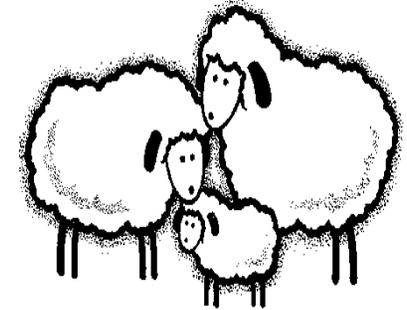
- ◆ Unusual fatigue or irritability
- ◆ Coughing, sneezing, runny nose and/or eyes
- ◆ Fever of 101 degrees or higher
- ◆ Vomiting or diarrhea
- ◆ Ear pain
- ◆ Inflamed throat and mouth
- ◆ Rash

For your information, here are some facts about common illnesses:

- ◆ **Strep Throat** - contagious until the child has been on antibiotic for 48 hours.
- ◆ **Impetigo** - a skin infection that is contagious until it completely clears.
- ◆ **Conjunctivitis (Pink Eye)** - an infection of the eye causing itching, burning, redness, and discharge. This is also contagious until it clears.

- ◆ **Chicken Pox** - incubation after exposure 11-21 days. The child is contagious the day before he breaks out in the pimple-like rash until all the spots have scabs.
- ◆ **Measles** - incubation period 10-21 days. Measles are contagious until five days after development of the rash.
- ◆ **German Measles** - incubation period is 12-21 days and contagious until three days after disappearance of rash.
- ◆ **Mumps** - incubation period 12-28 days and contagious until swelling has completely disappeared.

# Welcome



# To Our Nursery!

**Grace Baptist Church**  
Lima, Ohio

## Welcome!

We would like to welcome you and your child to the nursery of Grace Baptist Church! The purpose of this brochure is to acquaint you with our nursery program.

The items listed will help you cooperate more fully with the nursery workers who have the best interest of your children in mind and with our **Safe Sanctuary** policies. Please read carefully and regard each item.

- ◆ For the **SAFETY**, sanitation, cleanliness, and the ease of adjustment for the children, we ask that **no one enter the nursery except workers**, children being cared for, and nursing mothers who need to feed their babies.
- ◆ We would ask that you **label everything** that you send with the child's name.
- ◆ If your child has a **food allergy**, please note it on the sign-in sheet **AND** tell the workers.
- ◆ Give the baby and diaper bag to the worker along with any new or pertinent information and leave quickly. Our staff is competent and prepared to care properly for your child who will be able to adjust more satisfactorily if you do not linger.

- ◆ Our workers are instructed to release infants and toddlers **ONLY** to the care of the responsible adult who signed in the child, not to siblings, etc.
- ◆ It is best not to come to the nursery to see your child until you are ready to leave. You will be notified immediately if an emergency should arise. Please leave a **phone number** if you would like to be notified by a **text message** of such an emergency.
- ◆ As many of the nursery workers have children of their own to gather, promptness in picking up your children following the services is a great help.
- ◆ If your child is **not fully potty trained (unable to tell** a worker of bathroom needs), please **do not** send your child in underpants as this places an unfair burden on both child and worker. We would appreciate your full cooperation in this area and are willing to work out a plan that adheres to the **Safe Sanctuary** policies.

## Diaper Bag Suggestions

Adequate equipping of your baby's diaper bag will make his or her stay with us easier on both the staff and child. We suggest you bring:

- ◆ Three-four diapers (either cloth or disposable) per service
- ◆ Several burping cloths (infants)
- ◆ Ointment for diaper changes (if you use it)
- ◆ Bottles (enough for baby's stay)
- ◆ Food or snacks (if you desire)
- ◆ Complete change of clothing (including underwear)
- ◆ Plastic bag for wet, cloth diapers or clothes
- ◆ Please **label diaper bag, bottles, pacifier, and food with your child's name.** (Masking tape and waterproof ink work very well.)



Be sure to **indicate** which Sunday School **class** you will attend and in which **section of the sanctuary** you will be sitting during the worship service on the **sign in sheet**. This will greatly help our ushering staff to locate you in case you are needed. Also use this sheet for pertinent instructions regarding your child.